

## 7.2 Best Practices 2019-20

# SHRI BINZANI CITY COLLEGE

Umrer Road, Nagpur

## BEST PRACTICE I

**Title of the Practice: BINZANI CITY SPORTS ACE PROGRAMME**

**Motto: 'FIT PEOPLE, FIT NATION'**

### Objectives:

- To develop physical stamina and promote sport excellence among students.
- To provide opportunities to students through various activities / tournaments to enhance their skills.
- To maintain the sporting tradition of the College and achieve greater glory.
- To stimulate interest and awareness about physical fitness amongst students.

### Context:

Shri Binzani City College has a long tradition of sporting glory and excellence. The College has consistently performed well in University Sports tournaments. The Sports Department of the College trains students for National and International participation. In 2017-18 & 2019-20, the Team could bag the Kho Kho and Athletics University level Championships. Till date, the department has produced players who have done the College and University proud at the inter-university, state and even national level.

### Practice

- **Regular Summer Camps** for promotion of sport are being organized on the College ground since 2009. Boys and girls are coached in cricket, athletics, Volley-ball, kabaddi and yoga. Training is given not only by the teaching staff of Physical Education Department but also by outside experts.
- **Annual Sports Day** is organized as a part of the College Day Program or in the month of January for teaching, non-teaching staff, Inter-collegiate tournament of Cricket (only for colleges and schools under Nagpur Shikshan Mandal) and students. A variety of indoor and outdoor games are organized. Participation in these games not only gives a recreational break from academic routine but also develops team spirit among staff, NSM office bearers and students.
- **National Sports Day** – Felicitation of Sports persons: The Department organizes a felicitation program every year on National Sports Day commemorating Major Dhyanchand. On this occasion, students showing exemplary performance in Sports are felicitated by presenting a Sports kit. This recognition goes a long way in boosting their morale.
- **Veterans Competition:** The Department organized a Veterans' Competition of Walking and Running as an encouragement and appreciation to the old people connected with the department since years. Through this, the department could include them in the departmental activities.
- **Medical and Physical Tests:** Every year the department holds a Medical and a Physical Tests for all the students of the College. It helps in checking the issues like lack of stamina and exercises faced by the students. Appropriate suggestions like information about nutritious food, regular exercises including yogasana, stress management techniques and stamina building are told to the students by the team of

doctors called for the tests. This benefits the Students, especially the girl students, who come from poor background.

- The department grooms the students and counsels them on various issues. Some of the issues are related to career and others are related to the tricks of the game they want to excel in. This counseling is done free of cost and in an informal way.

### Evidence of Success:

Table : Tournaments – Success Record

Session	Tournaments Won	Tournaments Conducted	No. of students participated Inter-National	No. of students participated National	No. of students participated State	No. of students participated Inter-University	No. of students winning medals
2017-18	5 Team Championship	3	2	10	8	5	5
2018-19	5 Team Championship	1	0	7	4	5	5
2019-20	4 Team Championship	2	0	12	4	7	4

### Awards & Achievements:

- Maximum number of students who represent the University each year in National, State meets are from S.B. City College.
- **2019-20** Mega event organized International Yoga Day program in collaboration with Art of Living in the college on 21<sup>st</sup> June 2018.

### Problems Encountered

- Tournaments interrupt study schedule of players.
- Difficulty in getting sponsorships.
- Reluctance of parents to send their girls to participate in outside tournaments.
- Students coming from poor backgrounds also exhibit a high drop out rate. They leave the game before they learn it properly.

# SHRI BINZANI CITY COLLEGE

Umrer Road, Nagpur

## BEST PRACTICE II

**Title of the Practice:** GONGO 'Seva Sarvada Bahu-Uddeshiya Sanstha'

**Motto:** 'JYOT SE JYOT JALATE CHALO'

### Objectives:

- To create awareness amongst students about their social obligation.
- To connect the alumni to the present students for their development.
- To develop problem solving acumen in the students to deal with situations.
- To develop an inclusive approach in education and focus upon holistic development of the underprivileged.

### Context:

Shri Binzani City College has always believed and worked towards creating awareness amongst students about their social obligation. Inspiration in the form of Guest Lectures, activities, visits to Old Ages Homes and Orphanages, and awareness drives is often created. One of the ways is to connect students with NGOs who work for the betterment of the downtrodden and underprivileged. The issue of School dropouts was focused upon and a need to work for such children was created in the hearts of students.

### Practice

- **Inspirational Talk:** The College Motto 'तत्सुख सुखित्वं' talks about putting the interests of the other before ourselves. To take this further, we at Shri Binzani City College, Nagpur, strive to develop the students in a holistic way. Inspirational Talks are conducted in the classrooms to motivate students and sensitize them to social issues. Discussions on the underprivileged strata of society sensitizes the students to work for their upliftment.
- **Connect with NGO:** The PG Department of Political Science has taken the initiative to sensitize students in this regard. One of the Alumni of the Department, Mr Khushal Dhak (Batch 2008-09) has started an NGO Seva Sarvada Bahu-Uddeshiya Sanstha since 2005 under the mentorship of Shri Bhau Gawande and Shri Ashutosh Gawande. The NGO was registered in Dt. :5.5.2018 (Registration No : Nagpur/0000309/2018)  
The NGO zeroed down upon one of the most notorious slum areas of Nagpur City, Rahatetoli, Shatabdi Chowk, Nagpur, to establish their network. The residents of the area belong to a specific sub-group called the Mang – Garudi Samaj. Their main occupation is begging, stealing and rag-picking. Some of them were engaged in making illegal country liquor which posed a great hazard not only to the health of individuals but contributed to make them notorious in the eyes of the others.  
Since 16 years, the Group has risked their lives and worked primarily for the school dropouts seen rampant in this area.

- **Activities of the students:** The Department of Political Science organizes interactions of Mr Khushal Dhak with the students every year. His life and work has served as an inspiration for many a students. Students get connected with his noble cause and work with him as a part of the NGO. Every evening, around 80-90 children of the slum area gather around the teachers. They are segregated according to age, gender and requirement into several groups. Every group comprises of 7 students with one of them as their Group leader. Some children are enrolled in schools and are taught according to their syllabus. A vast majority of them are dropouts or have never attended formal schools. Such children are taught basics of reading and writing. The need to educate the children in terms of personal hygiene was also identified and is executed. Our Students spend their birthdays and occasions of celebrations with the underprivileged children. One of the girl students distributed Sanitary Napkins amongst the girls of the vicinity. They educated the girls in how to use the pads and maintain hygiene.
- **Arrange Alumni Interaction:** The students who get connected with the NGO are often invited by the Department to share their experiences with the present students thereby creating a chain of like-minded people serving a noble cause.
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#### **Evidence of Success:**

- The number of students who are joining Khushal Dhak's NGO is on the increase. Initially, boys joined the group, but eventually even girl students also took the initiative.
- In the recent past, an initiative of the students towards self-employment has taken roots through the establishment of a Training Center. Young girls of the Slum area are taught to work upon sewing machines to generate self-employment. This has changed the way the other slum dwellers are looking at the work of the NGO. We can hope to witness a sea-change in the fabric of that part of society which was till now known only for all wrong things.
- The following students of Political Science are associated with the NGO on a regular basis: Sandip Goswami, Nitu Kolhe, Priya Masre, Arpita Thakur, Devyani Randive, Krishna Dahikar, Akhilesh Rathod. They have been vocal about their activities on social media too.

#### **Problems Encountered**

- Reluctance of parents to send their girls to such ill-famed slum areas to work.
- Students are unable to devote more time due to pressing demands of their jobs or higher studies.